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Mma or pro wrestling

After the humiliating defeat of Phillip Brooks (CM Punk), as the last professional wrestler to try to enter the MMA world, should pro-wrestlers accept that MMA and pro-wrestling are not similar and should not socialize? CLEVELAND, OH - SEPTEMBER 10: Mickey Gall celebrates his victory over CM Punk during UFC 203... [+] event at Quicken Loans Arena on September 10, 2016 in Cleveland, Ohio. (Photo by Rey Del Rio/Getty Images) While we have to admire Phillip Brooks and his sportsmanship, professional wrestlers please stop trying to fight in an unprescribed, undetermined and violent sport where opponents are really trying to hurt each other. Professional athletes of many physical sports such as footballers, boxers and pro-wrestlers have all tried their hand at MMA because of their use for physical contact sports and athleticism, thinking MMA would be easy. However, MMA isn't like street fights and brawls like Kimbo Slice, a University of Miami football player and member of the Miami Dolphins team, with his backyard videos came to light. MMA requires a high level of skill, achieved through rigorous training for many years. There have been examples of athletes making a successful move to MMA, such as Matt Mitrione, a former Defensive Tackle for the New York Giants, having a fair success in the HEAVYWEIGHT category in the UFC. Other notable names include Ken Shamrock who had 15 major events and also succeeded in WWE. However, he was first involved with MMA and turned into pro-wrestling. Ikuhisa Minowa has also gone from real fights to scripted fights (pro-wrestling). Daniel Puder has had success with 8 wins in 8 fights, and started MMA in 2003 before entering pro-wrestling. Dan The Beast Severn is an American freestyle wrestler in the UFC Hall of Famer. Severn is the only person to simultaneously hold MMA and pro-wrestling belts (with the NWA). Severn started MMA in 1994 and pro-wrestling in 1995 and so, adapted to MMA, and the actual fight, first. Wrestler Brock Lesnar moved to MMA, beating Frank Mir, Shane Carwin and Randy Couture very well in the UFC. Lesnar had previously competed in real combat sports; At the University of Minnesota college, Lesnar won the 2000 NCAA Division I heavyweight wrestling championship and was a two-time All-American. However, after subbing at UFC 200 for McGregor, his victory over Mark Hunt was marred by his positive test for steroids. This immediately marks him as a cheater. A monster of a man made in a false image. Its credibility is completely denied when it considers that it is an enhanced 'roid' head. And no, a positive test cannot be rejected. It turned out to be positive... this time. How long has he the tests? How long have you been using PED? These issues arise now - and will remain - and this damages his credibility and tarnishes his legacy. He's not the only one. Jesse Ventura, Eddie Guerrero, Chris Benoit and so on. It's part of the pro-wrestling culture. It does not Lesnar doesn't actually fight when he participates in pro-wrestling, but then the question arises about how he can fight without an unnatural improvement in MMA? If he could, it wouldn't have been positive. So PED helps him in his size and strength, which is a factor in his wrestling ability. Whether he was a brilliant amateur wrestler or not, the question of his ability is forever challenged due to his use of PED. There may have been a similar culture of using PED in MMA, but this is being drained, unlike pro-wrestling where it is almost in demand. Despite these successes, there have been multiple failures, as wrestlers find it too difficult to adapt to physical brutality and summon the skill needed to succeed in MMA, and especially in the UFC. Manny Yarbrough, a former wrestler and nearly 900-pound football player at Morgan State University, won only one fight. Wrestler Tony Halme aka The Viking enjoyed a career-high 0-4. Death Dr. Steve Williams got the TKO after just 22 seconds. Professional wrestler Sean O'Haire was not very successful and was memorably sent by Eric 'Butterbean' Esch within seconds. Wrestler 7'2 'Giant' Silva lost 6 of his 8 fights despite his size. Successful boxers James Tomey and Ray Mercer have struggled in MMA. Player Marcus Jones also retired from MMA after 6 fights. Bobb 'Broke my nose' Snapp, a beast of the man who was a football player and professional wrestler before joining MMA, did not dominate despite his questionable status as a human and not Sasquatch, and Bart Gunn lost his only fight. In 2010, Dave Bautista decided it was the right time to start his MMA career after leaving WWE. He finished pretty quickly, but gained a foothold in acting, with being in Guardians of the Galaxy. The list goes on and shows that monstrous dimensions, strength and athleticism do not translate into the dominance and success of MMA. Rigorous training, envious skill, natural adaptive reactions and intelligence. Wrestlers become actors (more successfully) in front of fighters, because that's who they are, actors on steroids, but actors none of them. Pro-wrestling like WWE is a hybrid sport that offers escapism through a testosterone-filled soap opera with athletic performers and crowd-pleasing acrobatics. It's athletically challenging, but it's fictitious. Pro-wrestlers are stunt performers trained because they are trained on how to land when they take these waterfalls. MMA fighters are trained as not to fall, how to drop their opponent and not get up, and how to take a beating and bounce. Most wrestlers are exceptional athletes who train for many hours every day to maintain their physical condition and practice for years to learn both moves than how to execute them safely. Here's the point, security. That's why pro-wrestlers can't adapt to MMA because in MMA promotions like the UFC, security has limits, and violence and competition, through brutality, is the point. MMA is not about security. MMA talks about high-octane competition physical violence. That doesn't mean denying that Brooks trained with Rener Gracie while wrestling or that Kurt Angle is an extremely skilled amateur wrestler. The skills of pro-wrestlers do not determine the outcome of a wrestling match, writers do. They work on plots and every game is another chapter in history. Winners and losers are all in the plot. The moves are choreographed. Wrestlers aren't really trying to hurt each other. Opponents can be best friends but act as enemies. On the contrary, MMA fighters are trying to hurt themselves badly to win and can respect or despise each other. There is no acting, just fight hyping. In the end, although the pro-wrestlers suffer because the wrestling ring contains a very limited amount of padding and dangerous free falling stunts whether it was Shane McMahon, Rikishi, Jeff Hardy's numerous swanton bombs from the stairs, and Mick Foley, they are simply not fighters. Yes, they put themselves in a punishment, but they don't engage in gruelling battles. They risk injury by their choice, not at the hands of a nemesis who decides the ferocity of the damage they want to inflict. Injuries also occur. Triple H underwent quadriceps torn in April 2001. He would need surgery and be left out of action for nine months. Injuries forced Stone Cold Steve Austin and Edge to retire. Joey Mercury suffered a broken nose and lost 35% of his vision in his right eye due to an error with a ladder in the ring. Darren Drozdov was left paralyzed by a ring accident. But how many MMA fighters have suffered terrible pain and injury? Many over the count and this without jumping off 12-foot platforms. Such choices have become increasingly essential to the illicit reaction and fan interest in pro-wrestling. All done to earn ratings, stay relevant and exciting, and keep a base of tired fans. WWE and many pro-wrestling associations around the world do not have a low season, remaining on tour 365 days a year. But this makes me wonder why, given the time to train, rest and prepare between MMA fights, pro-wrestlers can't be more successful in MMA? If pro-wrestlers can withstand mental fatigue, stress and exhaustion of being part of a pro-wrestling society, they should be able to adapt to MMA. Yes and no. It requires a wise yes, but no in terms of pain threshold, skill set, and combat skills. WWE Monday Night Raw can consistently compete with Monday Night Football as one of the highest rated programs on television, but I'd like to watch something unescripted, left to fate, and not a built and predetermined reality. Wrestlers must stick to their hybrid acting sport. Yes, they suffer and train, and they train, but they don't able to fight, to really focus on testing, hurt and besting opponents in a gruelling contest of physical conflict. This is not written, the story of this fight is not on your pro-fighter side, MMA fighters write their stories. Before you start with storytelling, it's pretty important clarify what it means best here. Better, we mean an art form where you can engage more than the other. As Black Mirror is better than House of Cards, Harry Potter is better than Twilight and marijuana is better than alcohol. Now that we've got him off the road, I'm going to turn the elephant in the ring: what art form is better? There are some obvious and some not-so-obvious similarities between pro-wrestling and MMA. Just as the act of fighting is the most obviously common element and the use of a final move is not so obvious. For two sports as combative and competitive, it's only natural for fans to pass their judgments on them. That's partly why pro-wrestling also exists. Many artists have famously switched from one to the other. Purists in both sports have not been too grateful for this crossover exercise. But for someone who has never followed either pro wrestling or MMA, un scripted will be preference based on aesthetics and authenticity. But this is a judgment far from reason and information. And that's exactly what we'll explain below. Here are six reasons why pro-wrestling is a better art form than mixed martial arts:#1 multidimensional inputs only add to the show that is pro-wrestling While MMA, for the most part, is based only on ring action, pro-wrestling has more pre-match dimensions than one. From providing ruthless promo on the microphone to learning well-choreographed wrestling maneuvers to convincingly playing a character, the pro-wrestling world has more to offer than most people know. Walking down the ramp to the ring is also part of this entertainment like anything else. Undertaker's walk down the ramp, all the time he consumes, is an essential part of his character. Published on: 22 February 2017 14:50 TSTI

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