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Ringworm infection cream medicine

An athlete's foot can usually be treated with non-prescription medications applied to the skin. Treatment of ringworm depends on its location on the body and the severity of the infection. Some forms of ringworm can be treated with non-prescription (over-the-counter) medications, but other forms of ringworm need treatment for prescription antifungal drugs. Ringworm skin conditions such as athlete's foot (tinea pedis) and jock itching (tinea cruris) can usually be treated with non-prescription antifungal creams, lotions, or powders applied to the skin for 2 to 4 weeks. There are many non-prescription products available to treat ringworm, including: Clotrimazole (Lotrimin, Mycelex) Miconazole (Aloe Vesta Antifungal, Azolen, Elderflower Antifungal, Carrington Antifungal, Critic Help Clear, Cruex Prescription Strength, DermaFungal, Desenex, Fungoid Tincture, Mikaderm, Micatin, Micro-Guard, Miranel, Mitrazol, Podactin, Remedy Antifungal, Secura Antifungal) Terbinafine (Lamisil) Ketoconazole (Xolegel) Warning Icon Read more about how steroid creams can make ringworm worse. For creams, lotions or non-prescription powders, follow the instructions on the packaging. If the infection does not disappear or get worse, contact your healthcare provider. Ringworm on the scalp (tinea capitis) usually must be treated with prescription antifungal drugs taken by mouth for 1 to 3 months. Creams, lotions, or powders do not work for ringworm on the scalp. Prescription antifungal drugs used to treat ringworm on the scalp include: Griseofulvin (Grifulvin V, Gris-PEG) Terbinafine Itraconazole (Onmel, Sporanox) Fluconazole (Diflucan) You should contact your healthcare provider if: your infection gets worse or does not disappear after using non-prescription medications. You or your child have ringworm on your scalp. Ringworm on the scalp is necessary to treat prescription antifungal drugs. Next: If you are a health care provider, click here for more information on the treatment of ringworm. Doctors can often easily recognize ringworm of its annular-shaped rash. Your doctor will probably also look at a skin sample (KOH preparation) under a microscope to confirm that the fungus is present. Tests for ringworm of the skin include: KOH (potassium hydroxide) preparation. This test can help your doctor determine if the fungus is causing your rash. Your doctor will take a skin sample by lightly scraping the infected area. Place the sample on a slide with potassium hydroxide (KOH) solution and heat gently. If fungal cells are present, the doctor can then see them with a microscope. Wooden light test. This test can be used to determine if the rash is caused by a fungus. Your doctor will shine a special light on the skin where you have a rash. Under this light, certain species of fungi shine. Fungal culture (skin culture). This test may type of fungus that causes your infection. Usually, the culture is carried out only if the diagnosis is difficult or skin skin does not respond to treatment. This test can take up to 4 weeks because it takes some time for the fungus to grow. Most of the time, ringworm (tinea) can be successfully treated over-the-counter (OTC) or prescription cream, ointment, or other medications that are applied directly to the rash. In some cases a systemic drug-one that is taken by mouth-is required. There are also natural treatments that have shown promise in the treatment of certain types of ringworm. Treatment used for ringworm usually depends on the part of the body that is affected. Ringworm that affects the legs (tinea pedis, or athletic foot) may need to be managed differently than ringworm, which affects the scalp (tinea capitis), for example. Verywell/Marisa Patrinos According to the American Academy of Dermatology (AAD), the only way to cure ringworm is with antifungal drugs. When using such a drug, whether it's a topical product that is applied directly to the skin or a pill or liquid, there are things you can do to relieve the discomfort you feel until the medication takes effect. It is also important to do everything you can to prevent the fungus from spreading to another part of the body or to another person. Some key tips for managing ringworm: To relieve itching, apply a cool compress to an unpleasant area for 20 to 30 minutes at a time as necessary. Mushrooms love heat and humidity, so keep areas affected by ringworm clean and dry. After washing, use a separate towel to dry the infected part of the body. As much as possible, do not wear clothes or shoes that cause you to sweat. Always shower after work out to smedule sweating. Dry thoroughly. Change all your clothes every day. Wash everything you wear or touch hot water before wearing or using it. This applies to clothes, towels and tiles. Do not cover the ringworm with a bandage or other bandage. Always wash your hands thoroughly after touching the area affected by ringworm. Throw away any disposable items that may have been infected. Disinfect items you want or need to keep. For example, if you realize that you have been hiding a fungal foot infection while wearing expensive leather dress shoes, you can use an ultraviolet (UV) shoe sanitizer or ozone cabinet, both of which can be purchased online. To prevent the spread of ringworm of the scalp, never wear someone else's hat or cap. Make sure your child doesn't share sports headgear with teammates, such as batting blankets. Shampooing with selenium sulfide shampoo, such as Selsun Blue, can make scalp skin disease less contagious. If you suspect that your pet has ringworm, see your veterinarian right away. Ringworm can be transmitted between humans and animals. Cats are particularly susceptible to infection. For most cases of ringworm affecting the skin, the first line of defense is a non-prescription antifungal drug. These come as creams, ointments, powders, or With many of them you probably know: They are readily available in drugstores, in pharmacy pharmacy big-box stores, and online. Some examples of antifungal drugs to treat ringworm on the skin include: Lotrimin cream, Cruex spray powder, Mycelex, Pedesil (clotrimazole)Desenex topical powder, Fungoid cream, Micatin cream, Lotrimin AF athlete foot spray or powder, Lotrimin AF Jock Itch spray powder (miconazole)Lamisil (terbinafine)Xolegel (ketoconazole) Topical antifungal drugs often work quickly. You will probably notice that the scaly rash disappears before the general redness of the skin disappears, but most of the time the ringworm on the skin will clear in a few weeks. However, as with antibiotics, it is important to continue to treat the area as long as it is directed, even if you feel that you are completely sponge-free. This will help prevent the infection from returning. Ringworm on the scalp must be treated with oral medications (as you read below), but often it can help speed up healing by also using shampoo, which contains fungus-fighting ingredients. If you are prescribed a prescription drug to treat scalp ringworm, your doctor may suggest that you pick up OTC shampoo that contains ketoconazole, such as Nizoral. This product can usually be used every three or four days, just as you would regular shampoo (wash, rinse and repeat) for up to eight weeks. There are several situations and types of fungal infections for which it is necessary to use prescription antifungal drugs to treat ringworm. Ringworm on the skin that does not respond to treatment with OTC. If ringworm does not disappear after using topical drugs for the full amount of time directed, see a dermatologist. Stronger prescription medications may suffice. For infections that worsen or do not disappear, there are prescription topical products such as Loprox cream (cyclopirox), Spectazole cream (econazole nitrate), and Oxistat cream or milk (oxiconazole nitrate). Tinea capitis (ringworm on the scalp) or tinea barbae (ringworm of the chin). Fungal infections on the scalp must be treated with an antifungal prescription. Examples include Grifulvin V or Gris-PEG (griseofulvin), Onmel or Sporanox (itraconazole), terbinafine and Diflucan (fluconazole). Sometimes the doctor prescribes prescription-strength ketoconazole shampoo to treat stubborn ringworm on the scalp. Only used once. Get our print guide for your next doctor's appointment to help you ask the right questions. For now, the best way to treat most types of ringworm is with medication. But there has been some preliminary research suggesting that there may be alternatives that will work in some cases, for some people. Note that the options below have not been tested enough to recommend it, but if you are interested in an alternative to drugs to treat ringworm infection, it can't hurt to run these ideas to your doctor to see if they might be a choice for you. Tea Tree Oil Some preliminary researches have found that Melaleuca alternifolia, an essential oil known as tea tree oil widely used in aromatherapy, can help cure ringworm affecting the feet. For example, a 2002 study published in the Australasian Journal of Dermatology compared a solution containing either 25 percent tea tree oil or 50 percent tea tree oil with placebo to treat athlete's feet. Individuals used one of three options in areas affected by fungal infection twice a day for four weeks. At the end of the study, nearly three-quarters of people who used 25 percent of the solution improved significantly, and more than half of those who used 50 percent of the solution improved, while only 39 percent of the placebo group experienced improvement. Garlic Extract Ajoén, which is a natural compound extracted from garlic, shows promise in the treatment of ringworm. For example, a 1999 study in the German journal Arzneimittel-Forschung found that gel containing ajoene helped treat tinea cruris (jock itch) and tinea corporis (ringworm on the skin). Similarly, in a small study published in the Journal of the American Academy of Dermatology in 2000, ajoene was more effective than terbinafine (which is the active ingredient in Lamisil) in treating an athlete's leg. For the study, the researchers divided 70 subjects into three groups. One group used topical drugs containing 0.6 percent ajoene, the other group used 1 percent ajoene, and the third group used 1 percent terbinafine. Thanks for your feedback! What are your concerns? Verywell Health only uses high-quality resources, including peer-reviewed studies, to promote facts in our articles. Read our editorial process to learn more about how we verify facts and keep our content accurate, reliable, and trustworthy. Centers for Disease Control and Prevention. Fungal diseases: Treatment of ringworm. Updated August 6, 2018. American Academy of Dermatology. Ringworm: Diagnosis, treatment and outcome. University of Michigan. Ringworm of the scalp or beard. Updated April 1, 2019. Satchell AC, Saurajen A, Bell C, Barnetson RS. Treatment of interdigital tinea pedis with 25% and 50% tea tree oil solution: a randomized, placebo-controlled, blinded study. Australas J Dermatol. 2002;43(3):175-8. Ledezma E, Marcano K, Jorquera A, et al. Efficacy of ajoen in the treatment of tinea pedis: a double-blind and comparative study with terbinafine. J Am Acad Dermatol. 2000;43(5 Pt 1):829-32. doi:10.1067/mjd.2000.107243 Further reading MedlinePlus. Athlete's leg. Updated April 16, 2019.

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